

Medical Statement for Children *with* Disabilities
Requiring Special Meals in the U.S. Department of Agriculture Child Nutrition Programs
(National School Lunch Program, School Breakfast Program, Afterschool Snack Program, Summer Food Service Program)

This statement must be completed in its entirety and submitted to the school before any meal substitutions can be made for children with disabilities. The parent/guardian should review this form annually and initial and date if no changes are needed. Any changes require the submission of a new form signed by the child's physician.

Part 1 – To be completed by parent/guardian. *Please print.*

Child's Name: _____ Birth Date: _____ Male Female

Parent/Guardian's Name: _____

Work Phone: (____) _____ Home Phone: (____) _____

Address: _____ City: _____ State: _____ Zip: _____

In accordance with the provisions of the Health Insurance Portability and Accountability Act (HIPPA) of 1996 and the Family Educational Rights and Privacy Act (FERPA) I hereby authorize

(Name of Licensed Physician)

to release such protected health information of my child as is necessary for the specific purpose of special diet information to

(Name of School)

and I consent to allow the physician to freely exchange the information listed on this form and in my child's records with the school district as necessary. I understand that I may refuse to sign this authorization without impact on the eligibility of my request for a special diet for my child. I understand that I may rescind permission to release this information at any time except when the information has already been released. My permission to release this information will expire on

(*Expiration Date)

***Note:** The recommended expiration date is for a period of one year so that updates to the medical statement can be made in conjunction with the child's annual physical.

Parent/Guardian Signature: _____ Date: _____

Part 2 – To be completed by licensed physician. Please print.

- A. Describe the patient's disability and the major life activity affected by the disability:
- B. Does the disability restrict the individual's diet? Yes No
If yes, the physician must complete C through F, sign and stamp the form with the office name and address.
- C. List foods to be **omitted** from the diet and foods to be **substituted** (attach specific diet plan):
*Note: A specific diet plan **must** be provided before the school food service program can make any meal substitutions for the child.*
- D. List foods that require a change in texture. If all foods need to be prepared in this manner, indicate "All."
Cut up or chopped to bite-size pieces:
Finely ground:
Pureed:
- E. List any special equipment or utensils needed:
- F. Indicate any other comments about the child's eating or feeding patterns:

Physician's Name: _____ Office Phone :(_____) _____

Physician's Signature: _____ Date: _____

Office Stamp:



Nondiscrimination Statement:

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.

Persons with disabilities who require alternative means of communication for program information (e.g., Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the [USDA Program Discrimination Complaint Form](#), (AD-3027) found online at: [How to File a Complaint](#), and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by:

1. mail: U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410;
2. fax: (202) 690-7442; or
3. email: program.intake@usda.gov.

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