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5 Management of Sports Related Concussions

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7 A. Athletic Director or Administrator in Charge of Athletic Duties:

- 8 1. *Updating*: Each spring, the athletic director, or the administrator in charge of athletics if there is
9 no athletic director, shall review any changes that have been made in procedures required for
10 concussion and head injury management or other serious injury by consulting with the MHSA or
11 the MHSA Web site, U.S. DPHHS, and CDCP web site. If there are any updated procedures, they
12 will be adopted and used for the upcoming school year.
- 13 2. *Identified Sports*: Identified sports include all organized youth athletic activity sponsored by the
14 school or school district.

15 B. *Training*: All coaches, athletic trainers, and officials, including volunteers shall undergo training in
16 head injury and concussion management at least once each school year by one of the following
17 means: (1) through viewing the MHSA sport-specific rules clinic; (2) through viewing the MHSA
18 concussion clinic found on the MHSA Sports Medicine page at www.mhsa.org; or by the district
19 inviting the participation of appropriate advocacy groups and appropriate sports governing bodies to
20 facilitate the training requirements.

21 C. *Parent Information Sheet*: On a yearly basis, a concussion and head injury information sheet shall be
22 distributed to the student-athlete and the athlete's parent and/or guardian prior to the student-athlete's
23 initial practice or competition. This information sheet may be incorporated into the parent permission
24 sheet which allows students to participate in extracurricular athletics and should include resources
25 found on the MHSA Sports Medicine page at www.mhsa.org, U.S. DPHHS, and CDCP websites.

26 D. *Responsibility*: An athletic trainer, coach, or official shall immediately remove from play, practice,
27 tryouts, training exercises, preparation for an athletic game, or sport camp a student-athlete who is
28 suspected of sustaining a concussion or head injury or other serious injury.

29 E. *Return to Play After Concussion or Head Injury*: In accordance with MHSA Return to Play Rules and
30 Regulations and The Dylan Steigers Protection of Youth Athletes Act a student athlete who has been
31 removed from play, practice, tryouts, training exercises, preparation for an athletic game, or sport
32 camp may not return until the athlete is cleared by a licensed health care professional (registered,
33 licensed, certified, or otherwise statutorily recognized health care professional). The health care
34 provider may be a volunteer.

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36 Policy History:

37 Revised on: 1/3/2013

38 First reading on: 11/10/21

39 Second reading/Adopted on: 12/8/21