FEBRUARY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Please remember there is a NO CHARGING Policy in effect. Please call me if you have questions about it. Money needs to be in your child(ren)'s account to have breakfast or lunch.			1 *Cereal* **Chicken Strips** Fresh Vegetables Mixed Fruit ***Early Release***
4 *Cereal* **Nachos** Refried Beans Cheese, Salsa Applesauce	5 *Breakfast Bar* **Orange Chicken** Seasoned Rice Stir Fried Veggies Mandarin Oranges	*6 Muffin* **Pizza** Fresh Vegetables Cinnamon Apples	7 *Cinnamon Roll* **BBQ Pork Sandwich** Sweet Potatoes Sliced Pears	8 *Cereal* **Chicken Fajita** Black Beans Cheese, Salsa Fresh Strawberries
11*Cereal* **Beef Stroganoff** Egg Noodles Broccoli Fresh Orange	12*Bagel Cream Cheese* **Egg Rolls** Yellow Curry Rice Stir Fried Veggies Mandarin Oranges	*13 Muffin* **Pizza** Fresh Vegetables Cranberries	14 *Cinnamon Roll* **Chicken Cheese Bean Burrito** Corn and Peppers Fresh Apple	15 *Cereal* **Chicken Alfredo** Green Beans Peaches ***Early Release***
18 Cereal **Sloppy Joe** French Fries Fresh Vegetables Applesauce	*19 Breakfast Bar* **Mac and Cheese** Broccoli Fresh Orange	20 *Muffin* **Pizza** Fresh Vegetables Mixed Fruit	21 *Cinnamon Roll* **Turkey Tamale Pie** Fresh Veggies Blueberries	22 *Cereal* **Ham and Scalloped Potatoes** Peas and Carrots Strawberries
25 *Cereal* **Beef Taco** Black Beans Lettuce Cheese Salsa Sliced Pears	26*Bagel Cream Cheese* **Whole Grain Chicken Corn Dog** Potato Wedges Fresh Orange	27 *Muffin* **Pizza** Salad Applesauce	28Cinnamon Roll **Country Beef Steak** Mashed Potatoes Gravy Green Beans Peaches	

Harvest of the month
Beets

All items subject to change, depending on availability

BIGFORK LUNCHROOM NEWS

All Breakfasts served with fruit and milk

BREAKFAST PRICES			
Grades K-6	$1.25		
7-12	1.50		
K-12 Reduced	.30		
Adult $1.75		*MILK*	.35

LUNCHES must include 3/4 cup fruit and/or vegetable to be a complete meal. Students need to take at least 3 of the 5 choices.
1 of the 3 choices must be 3/4 cup fruit and/or vegetable.

Choices for the Lunch Tray include
1c milk, 1-2oz protein, 1-2oz grain,
½ c to ¾ cup vegetable, 1 cup fruit

Salad Bar is offered Every Day

LUNCH PRICES			
Grades K-6	$2.25		
7-12	2.75		
K-12 Reduced	.40		
Adult $3.25		*MILK*	.35

CONTACT INFORMATION:
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