

REMINDER:

Be sure all balances are paid by May 31 or I can't sign off on your child's end of year check out sheet.
THANK YOU FOR YOUR ATTENTION TO THIS!!

May



Harvest of the month **LENTIL**.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 <i>Bagel Cr Cheese Nachos</i> Refried Beans Cheese, Salsa Sliced Pears	2 <i>Fresh Baked Muffin Pizza</i> Fresh Vegetables Fresh Strawberry	3 <i>Cinnamon Roll Spaghetti</i> Corn Fresh Tangerine	4 <i>Cereal Chicken Fajita</i> Lettuce, Cheese, Salsa Applesauce Early Release
7 <i>Granola Bar/Yogurt Egg Roll</i> Yellow Curry Rice Stir Fried Veggies Mandarin Oranges	8 <i>Bagel Cr Cheese Country Beef Steak</i> Mashed Potatoes Gravy Peas and Carrots Fresh Grapefruit	9 <i>Fresh Baked Muffin Pizza</i> Salad Watermelon	10 <i>Cinnamon Roll Beef Taco</i> Black Beans Lettuce Cheese Salsa Mixed Fruit	11 <i>Cereal Chicken Alfredo</i> Rotini Pasta Mixed Vegetables Fresh Grapes
14 <i>Granola Bar/Yogurt Chicken Lo Mein</i> Fresh Vegetables Fresh Apple Fortune Cookie	15 <i>Bagel Cr Cheese Breakfast for Lunch</i> Pancakes w/Yogurt Sausage Links Blueberries	16 <i>Fresh Baked Muffin Pizza</i> Fresh Vegetables Fresh Orange Slices	17 <i>Cinnamon Roll Ham & Scalloped Potatoes</i> Southwestern Corn Fresh Strawberries	18 <i>Cereal Bean/ Cheese Burrito</i> Refried Beans Cheese/Salsa Fresh Tangerine Early Release
21 <i>Granola Bar/Yogurt BBQ Pork Sandwich</i> Cajun Rice Fresh Pear	22 <i>Bagel Cr Cheese Chicken Mozzarella</i> Spaghetti Fresh Vegetables Applesauce	23 <i>Fresh Baked Muffin Pizza</i> Fresh Vegetables Watermelon	24 <i>Cinnamon Roll Whole Grain Chicken Corn Dog</i> Baked Beans Fresh Orange Slices	25 <i>Cereal Mac and Cheese</i> Peas and Carrots Fresh Apple
28 NO SCHOOL	29 <i>Bagel Cr Cheese Tuna Pasta Salad</i> Fresh Veggies Fresh Pear	30 <i>Fresh Baked Muffin Pizza</i> Fresh Vegetables Fresh Strawberries	31 <i>Cinnamon Roll Turkey Taco Salad</i> Corn Chips Fresh Lettuce Fresh Apple	

All items subject to change, depending on availability

BIGFORK LUNCHROOM NEWS



All Breakfasts served with fruit and milk

BREAKFAST PRICES

Grades K-6	\$1.25
7-12	1.50
K-12 Reduced	.30
Adult \$1.75	MILK .35

LUNCHES must include **3/4 cup** fruit and/or vegetable to be a complete meal. Students need to take at least **3** of the **5** choices. **1** of the **3** choices **must** be **3/4 cup** fruit and/or vegetable.

Choices for the Lunch Tray include 1c milk, 1-2oz protein, 1-2oz grain, 1/2 c to 3/4 cup vegetable, 1/2 cup fruit

Salad Bar is offered Every Day

LUNCH PRICES

Grades K-6	\$2.25
7-12	2.75
K-12 Reduced	.40
Adult \$3.25	MILK .35

CONTACT INFORMATION:

Roger Vanlandingham
Food Service Director
837-7400 Ext.4037
rvanlandingham@bigfork.k12.mt.us