


# MARCH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Please remember there is a <b>NO CHARGING</b> Policy in effect. Please call me if you have questions about it. Money needs to be in your child(ren)'s account to have breakfast or lunch.</p>			<p>1 <i>Cinnamon Roll</i>  <b>Shrimp Poppers</b>                      Southwestern Corn                      Strawberries</p>	<p>2 <i>Cereal</i>  <b>Nachos</b>                      Refried Beans                      Cheese, Salsa                      Fresh Apple</p>
<p>5 <i>Granola Bar/Yogurt</i>  <b>Chicken Nuggets</b>                      Crinkle Cut Fries                      Fresh Vegetables                      Applesauce</p>	<p>6 <i>Bagel Cream Cheese</i>  <b>Breakfast for Lunch</b>                      Pancakes w/Yogurt                      Sausage Links                      Blueberries</p>	<p>7 <i>Fresh Baked Muffin</i>  <b>Pizza</b>                      Fresh Vegetables                      Fresh Orange Slices</p>	<p>8 <i>Cinnamon Roll</i>  <b>BBQ Pork Sandwich</b>                      Cajun Rice                      Fresh Apple</p>	<p>9 <i>Cereal</i>  <b>Chicken Fajita</b>                      Lettuce, Cheese, Salsa                      Mixed Fruit  <b>Early Release</b></p>
<p>12 <i>Granola Bar/Yogurt</i>  <b>Sloppy Jo</b>                      Ranch Potatoes                      Mixed Veggies                      Applesauce</p>	<p>13 <i>Bagel Cream Cheese</i>  <b>Chicken Lo Mein</b>                      Fresh Vegetables                      Fresh Orange Slices                      Fortune Cookie</p>	<p>14 <i>Fresh Baked Muffin</i>  <b>Pizza</b>                      Salad                      Fresh Apple</p>	<p>15 <i>Cinnamon Roll</i>  <b>Egg Roll</b>                      Yellow Curry Rice                      Stir Fried Veggies                      Mandarin Oranges</p>	<p>16 <i>Cereal</i>  <b>Country Beef Steak</b>                      Mashed Potatoes                      Gravy                      Steamed Veggies                      Pears</p>
<p>19 <i>Granola Bar/Yogurt</i>  <b>Montana Burger</b>                      Roasted Red Potato                      Spinach Kale Salad                      Local Apple Crisp</p>	<p>20 <i>Bagel Cream Cheese</i>  <b>Chicken Alfredo</b>                      Spaghetti Squash                      Peaches</p>	<p>21 <i>Fresh Baked Muffin</i>  <b>Pizza</b>                      Fresh Vegetables                      Strawberries</p>	<p>22 <i>Cinnamon Roll</i>  <b>Whole Grain Chicken Corn Dog</b>                      Baked Beans                      Fresh Orange Slices</p>	<p>23 <i>Cereal</i>  <b>Mac and Cheese</b>                      Peas and Carrots                      Fresh Apple  <b>Early Release</b></p>
<p>26  <b>SPRING BREAK</b></p>	<p>27  <b>SPRING BREAK</b></p>	<p>28  <b>SPRING BREAK</b></p>	<p>29  <b>SPRING BREAK</b></p>	<p>30  <b>SPRING BREAK</b></p>
	 <p>Harvest of the month <b>Beef.</b></p>			

All items subject to change, depending on availability

## Breakfast After the Bell

Is your child getting a nutritious breakfast every morning?

## BIGFORK LUNCHROOM NEWS



All Breakfasts served with fruit and milk

### BREAKFAST PRICES

Grades K-6	\$1.25
7-12	1.50
K-12 Reduced	.30
Adult \$1.75	MILK .35

**LUNCHES must** include **3/4 cup** fruit and/or vegetable to be a complete meal. Students need to take at least **3** of the **5** choices.  
**1** of the **3** choices **must** be **3/4 cup** fruit and/or vegetable.

Choices for the Lunch Tray include  
 1c milk, 1-2oz protein, 1-2oz grain,  
 1/2 c to 3/4 cup vegetable, 1/2 cup fruit

Salad Bar is offered Every Day

### LUNCH PRICES

Grades K-6	\$2.25
7-12	2.75
K-12 Reduced	.40
Adult \$3.25	MILK .35

### CONTACT INFORMATION:



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